

Celebrate

by Del Webb®

Celebrate News

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"GENEALOGY TOOLBOX" by Mary Maki

Interested in researching your ancestors? Celebrate resident Mary Maki is very active in genealogy research and has created a "Genealogy Toolbox" which is available as an addendum to this issue of the "Celebrate News." Many thanks to Mary for sharing this resource which is sure to get many of us started on a fun hobby.

GARDEN WALK TOMORROW! By Vicky Kealiher

The fourth annual Celebrate Garden Walk will be held June 12, 2:00 to 4:00 p.m. The entire community is invited. This is an informal event; you can go at your own pace from garden to garden.



This is an excellent opportunity for you to see some of your neighbors' gardens. You may get ideas for plants that you would like to incorporate in your own gardens and also observe the hardscapes that give our back and side yards more character. Some of the interesting highlights are a magnolia small enough for a side bed; a very popular small ornamental tree that has beautiful flowers in late summer (this tree became very popular in Fredericksburg, according to one nursery, after it was highlighted in *Southern Living* magazine); a very clever way to display hens and chicks in a strawberry pot so that all the plants get full sun exposure; a forsythia that won't take over; a 60-year-old peony from Iowa; a wisteria that will never become invasive; a redbud that is purple and weeping—absolutely gorgeous; an inventive way to keep your mulch from covering the sidewalk after a big rain; a clever place to put your cutting flowers

so that they don't fall over as they grow tall; an alternative mulch that is attractive and stays put; a very tasteful water feature for the front of the house; and so much more.

We will begin at the home of Cindy Hinds, 8 Battery Point. From there, we will go to the home of Mike and Lynne McCay and Gloria Pisciotta, 26 Battery Point. A short walk will take us to the home of Lois Ford at 5 Lightmont and on to her neighbor Lucy Papazian, 12 Mendota. The walk will end at 7 Brant Court, the home of Calvin and Kathy Smith, and next door, 5 Brant Court, the home of Shirley and Ron Loveitt.

If you didn't sign-up for the walk, you may still join us. I have run off the names of plants for each home and will have just enough for those who signed up. However, I can email the sheets to you if I run out. Most of the plants will have markers to supply their common names. Bring a bottle of water and feel free to walk or drive to the homes. Parking should be no problem.

LAST MONTH TO HELP OUR FOUR-FOOTED FRIENDS! By Mary Maki

The Community Service Group is winding down its campaign in support of the local SPCA. Celebrate residents have been very generous with donations, and there is still time to donate laundry detergent, bleach, empty pill bottles, Q-Tips, Ziplock sandwich bags, index cards, and Isopropyl Alcohol.

Two mini-projects! CSG's next project will be the annual *Stuff the Bus* campaign, assisting less fortunate school children with needed school supplies. That campaign will run from July 1 through mid-August. This will be followed by collecting food for S.E.R.V.E., the Stafford Emergency Relief through Volunteer Efforts until the end of September.

More information on both these projects will be available after our Community Service Group meeting tomorrow, Thursday, June 12 at 1 p.m. in the Riverside Lodge. Please join us and help plan the next Celebrate community projects!

Please also check out the **June Awareness Display** supporting Scleroderma research.

LET'S CELEBRATE!

Mark your calendars today for more "you'll be sorry if you miss it" events:

- **Music Under the Stars** – Bring your lawn chair to the outdoor stage behind Riverside Lodge this Friday, June 13. Come early to picnic and

she thought it was “good stress,” her boss knew differently. Encouraged by that boss to attend a yoga weekend, Joanie realized the importance of dealing with her stress and yoga fit that need.

Meaning, “union,” yoga aims to unite the body, mind and spirit. There are different forms of yoga, and what Joanie leads at Celebrate is a very gentle form. Over her five years of instruction she has had people tell her they have seen differences in their health, even so much as getting off some medications, and enjoying activities again.



The Gentle Yoga class is for everyone. Joanie encourages her class to do only what is comfortable and use whatever props they need. One woman said she was recovering from a hip replacement and broken bones due to an accident, and felt a great healing by attending the class.



Gentle Yoga with Joanie is every Monday and Wednesday, 9:00-10:00 a.m. in the second floor fitness classroom at the Riverside Lodge. Please stop by and give yoga a try. You will be glad you did.

Did you miss May's HealthyPro Fitness Card Sale? Make sure you check the Fitness Calendar sent via email or the paper copy you can pick up at the Lodge. The next sale will be close to Labor Day.

TRANSPORTATION? By Fran Larkins

The Transportation Improvement Program (TIP) is a list of transportation projects expected to receive Federal funding in the Fredericksburg region. The current TIP and Long Range Transportation Plan can be found online at www.fampo.gwregion.org. The UPCs for the Rappahannock River Crossing are 101595 and 105510.

The Public Comment and Review period for the Fiscal Years 2015-2018 TIP runs from May 22 – June 20. Comments can be sent to fampo@gwregion.org or you are encouraged to attend the Public Hearing on Monday, June 16 at the FAMPO office, 406 Princess Anne Street.

Currently VDOT is performing an environmental study on the I-95 Rappahannock River Crossing which would add collector-distributor lanes and bridges parallel to I-95 between Exit 130 (Route 3) and Exit 133 (Route 17). You may be interested in following the progress of this project on the Virginia Department of Transportation Web site. www.vdot.virginia.gov/projects/fredericksburg/i-95_rappahannock_river_crossing_environmental_study.asp

Questions? Please feel to contact Fran at rflarkins@aol.com. She is a representative for Stafford County on the citizen's Transportation Advisory Group (TAG).

AROUND THE “BURG”

Be sure to check out these fun happenings in our town – Fredericksburg!

- The Sounds of Summer concert series has begun! Bring a lawn chair downtown on Friday evenings in the summer and set it up in the historic Market Square at 7 p.m. to enjoy music by local and regional performers. The Dark Hollow Bluegrass Band will be appearing on June 13; The Lonely Hands is scheduled on June 20; and The Working Effective on June 27. The free concerts are sponsored by the Fredericksburg Area Museum and Cultural Center and will be presented through August 29. Can't be beat on a nice summer evening! Even better – be sure to go on First Friday when the art galleries are open late too. For more information, you can visit www.famcc.org.
- 10th Annual Itty Bitty City Scavenger Hunt, May 25 – July 8. Search for 20 objects or architectural elements in downtown Fredericksburg. We've heard Celebrate residents have joined in the hunt and won cash prizes. At the very least, you can enjoy getting